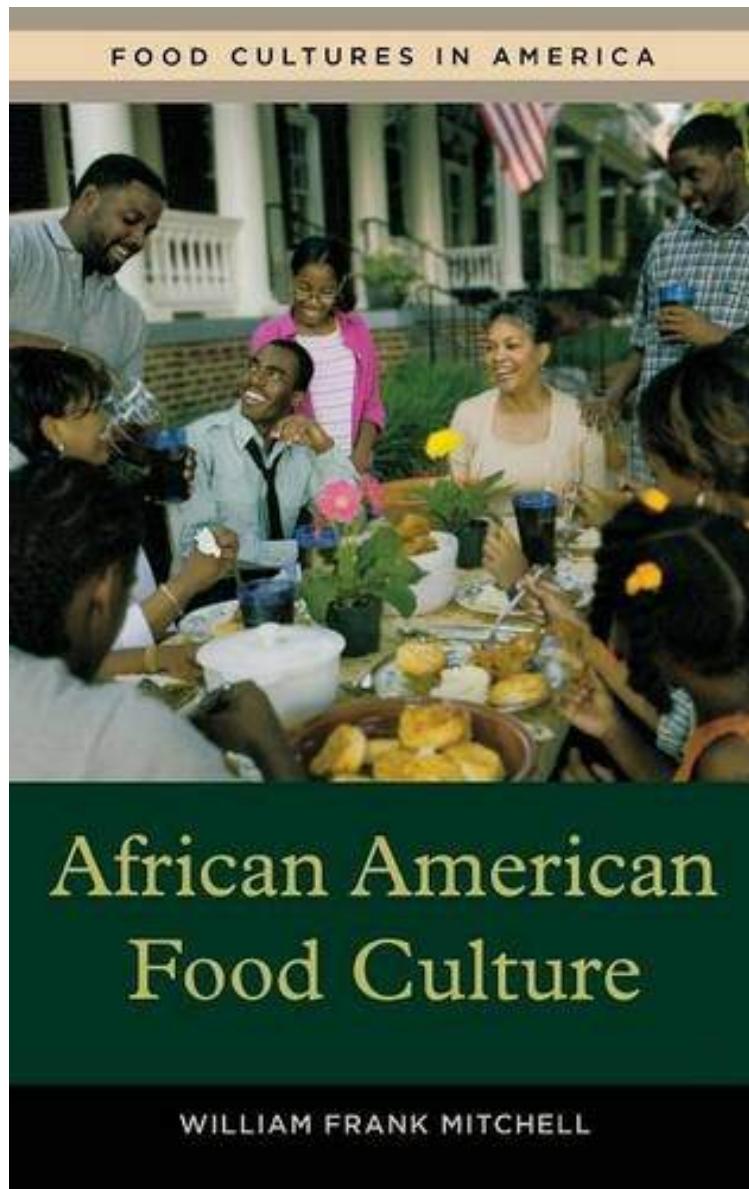


[Free] African American Food Culture (Food Cultures in America)

African American Food Culture (Food Cultures in America)

By William Frank Mitchell
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Like other Americans African Americans partake of the general food offerings available in mainstream supermarket chains across the country Food culture however may depend on where they live and their degree of connection to traditions passed down through generations since the time of slavery Many African Americans celebrate a hybrid identity that incorporates African and New World foodways The state of African American food culture today is illuminated in depth For general readers Mitchell urban and community studies U of Connecticut West Hartford describes the history and development of the food culture of African Americans including its major foods and ingredients cooking traditions typical meals eating

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